



Interfaith Neighbors
 Meals on Wheels Program
 (732) 888 - 4876
 8:00am-1:00pm

November MENU

Mon	Tue	Wed	Thu	Fri
		1 Meatloaf	2 Turkey & Cheese	3 Fish and Mac & Cheese
6 Salisbury Steak	7 Tuna	8 Roasted Hot Turkey	9 BBQ Spareribs	10 Holiday
13 Swedish Meatballs	14 Egg Salad	15 Beef Lasagna	16 Chicken Parm	17 Meatloaf
20 Tuna & Macaroni Salad	21 Thanksgiving Lunch	22 Spinach & Cheese Omelet	23 Holiday	24 Holiday
27 Salisbury Steak	28 Grilled Chicken & Pepper/Onions	29 Lasagna	30 Fish/ Mac & Cheese	

Daily Lunch \$3.00 Donation, order by 11:00 a.m. the day before.

SPECIALS \$4.00, ORDER 7 DAYS IN ADVANCE

Menu is subject to change.

All lunches come with a drink, vegetable, starch, and dessert.

Congregate lunches are served promptly at 12:00 p.m.